Annual Notice of Change
American Health Advantage of Tennessee (HMO I-SNP) H7779 001
January 1, 2021 – December 31, 2021

Toll-free: 1-844-321-1763 (TTY/TDD 711)
Hours: 8:00 a.m. to 8:00 p.m.
7 days a week: Oct. 1, 2020 – Mar. 31, 2021
Monday – Friday: Apr 1, 2021 – Sept. 30, 2021
TN.AmHealthPlans.com
American Health Advantage of Tennessee (HMO I-SNP) offered by American Health Advantage of Tennessee

Annual Notice of Changes for 2021

You are currently enrolled as a member of American Health Advantage of Tennessee (HMO I-SNP). Next year, there will be some changes to the plan’s costs and benefits. This booklet tells about the changes.

- You have from October 15 until December 7 to make changes to your Medicare coverage for next year.

What to do now

1. **ASK**: What changes apply to you

   - Check the changes to our benefits and costs to see if they affect you.
     - It’s important to review your coverage now to make sure it will meet your needs next year.
     - Do the changes affect the services you use?
     - Look in Sections 2.1 and 2.5 for information about benefit and cost changes for our plan.

   - Check the changes in the booklet to our prescription drug coverage to see if they affect you.
     - Will your drugs be covered?
     - Are your drugs in a different tier, with different cost sharing?
     - Do any of your drugs have new restrictions, such as needing approval from us before you fill your prescription?
     - Can you keep using the same pharmacies? Are there changes to the cost of using this pharmacy?
     - Review the 2021 Drug List and look in Section 2.4 for information about changes to our drug coverage.
     - Your drug costs may have risen since last year. Talk to your doctor about lower cost alternatives that may be available for you; this may save you in annual out-of-pocket costs throughout the year. To get additional information on drug prices visit go.medicare.gov/drugprices. These dashboards highlight which manufacturers have been increasing their prices and also show other year-to-year drug price information. Keep in mind that your plan benefits will determine exactly how much your own drug costs may change.
☐ Check to see if your doctors and other providers will be in our network next year.
  • Are your doctors, including specialists you see regularly, in our network?
  • What about the hospitals or other providers you use?
  • Look in Section 2.3 for information about our Provider Directory.

☐ Think about your overall health care costs.
  • How much will you spend out-of-pocket for the services and prescription drugs you use regularly?
  • How much will you spend on your premium and deductibles?
  • How do your total plan costs compare to other Medicare coverage options?

☐ Think about whether you are happy with our plan.

2. COMPARE: Learn about other plan choices

☐ Check coverage and costs of plans in your area.
  • Use the personalized search feature on the Medicare Plan Finder at www.medicare.gov/plan-compare website.
  • Review the list in the back of your Medicare & You handbook.
  • Look in Section 4.2 to learn more about your choices.

☐ Once you narrow your choice to a preferred plan, confirm your costs and coverage on the plan’s website.

3. CHOOSE: Decide whether you want to change your plan

  • If you don't join another plan by December 7, 2020, you will be enrolled in American Health Advantage of Tennessee (HMO I-SNP).
  • To change to a different plan that may better meet your needs, you can switch plans or switch to Original Medicare (either with or without a separate Medicare prescription drug plan) at any time.

Additional Resources

  • Please contact our Member Services number at 1-844-321-1763 for additional information. (TTY users should call 711.) Hours are < October 1st through March 31st 8:00 A.M. to 8:00 P.M., seven days a week; April 1st through September 30th are 8:00 A.M. to 8:00 P.M., Monday through Friday. >

  • This document may be available in an alternate format (Large Print, etc.). Please contact Member Services for more information. Phone numbers are printed on the back cover of this booklet.
• Coverage under this Plan qualifies as Qualifying Health Coverage (QHC) and satisfies the Patient Protection and Affordable Care Act’s (ACA) individual shared responsibility requirement. Please visit the Internal Revenue Service (IRS) website at www.irs.gov/Affordable-Care-Act/Individuals-and-Families for more information.

About American Health Advantage of Tennessee (HMO I-SNP)

• American Health Advantage of Tennessee is a health plan with a Medicare contract. Enrollment in American Health Advantage of Tennessee (HMO I-SNP) depends on contract renewal.

• When this booklet says “we,” “us,” or “our,” it means American Health Advantage of Tennessee When it says “plan” or “our plan,” it means American Health Advantage of Tennessee (HMO I-SNP).
### Summary of Important Costs for 2021

The table below compares the 2020 costs and 2021 costs for American Health Advantage of Tennessee (HMO I-SNP) in several important areas. **Please note this is only a summary of changes.** A copy of the Evidence of Coverage is located on our website at [tn.AmHealthPlans.com](http://tn.AmHealthPlans.com). You may also call Member Services to ask us to mail you an Evidence of Coverage.

<table>
<thead>
<tr>
<th>Cost</th>
<th>2020 (this year)</th>
<th>2021 (next year)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Monthly plan premium</strong>*</td>
<td>$28.70</td>
<td>$30.20</td>
</tr>
<tr>
<td>* Your premium may be higher or lower than this amount. See Section 2.1 for details.</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Deductible</strong></td>
<td>$198.00</td>
<td>$203.00</td>
</tr>
<tr>
<td><strong>Maximum out-of-pocket amount</strong></td>
<td>$6,700</td>
<td>$7,550</td>
</tr>
<tr>
<td>This is the most you will pay out-of-pocket for your covered Part A and Part B services. (See Section 2.2 for details.)</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>Doctor office visits</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Primary care visits: 20% per visit</td>
<td></td>
<td>Primary care visits: 20% per visit</td>
</tr>
<tr>
<td>Specialist visits: 20% per visit</td>
<td></td>
<td>Specialist visits: 20% per visit</td>
</tr>
</tbody>
</table>
### Inpatient hospital stays
Includes inpatient acute, inpatient rehabilitation, long-term care hospitals and other types of inpatient hospital services. Inpatient hospital care starts the day you are formally admitted to the hospital with a doctor’s order. The day before you are discharged is your last inpatient day.

<table>
<thead>
<tr>
<th></th>
<th>2020 (this year)</th>
<th>2021 (next year)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Deductible for each benefit period:</td>
<td>$1,408</td>
<td>$1,484</td>
</tr>
<tr>
<td>Days 1—60:</td>
<td>$0</td>
<td>$0</td>
</tr>
<tr>
<td>Days 61-90:</td>
<td>$352 per day</td>
<td>$371 per day</td>
</tr>
<tr>
<td>Reserve days 91 &amp; beyond:</td>
<td>$704 per day</td>
<td>Reserve days 91 &amp; beyond: $742 per day</td>
</tr>
</tbody>
</table>

### Part D prescription drug coverage
(See Section 2.6 for details.)

<table>
<thead>
<tr>
<th></th>
<th>Deductible: $435</th>
<th>Deductible: $445</th>
</tr>
</thead>
<tbody>
<tr>
<td>Coinsurance during the Initial Coverage Stage:</td>
<td>25% cost-sharing</td>
<td>25% cost-sharing</td>
</tr>
</tbody>
</table>
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SECTION 1 Unless You Choose Another Plan, You Will Be Automatically Enrolled in American Health Advantage of Tennessee (HMO I-SNP) in 2021

If you do nothing to change your Medicare coverage by December 7, 2020, we will automatically enroll you in our American Health Advantage of Tennessee (HMO I-SNP). This means starting January 1, 2021, you will be getting your medical and prescription drug coverage through American Health Advantage of Tennessee (HMO I-SNP). If you want to, you can change to a different Medicare health plan. You can also switch to Original Medicare. If you want to change plans, you can do so between October 15 and December 7. If you are eligible for Extra Help, you may be able to change plans during other times.

The information in this document tells you about the differences between your current benefits in American Health Advantage of Tennessee (HMO I-SNP) and the benefits you will have on January 1, 2021 as a member of American Health Advantage of Tennessee (HMO I-SNP).

SECTION 2 Changes to Benefits and Costs for Next Year

Section 2.1 – Changes to the Monthly Premium

<table>
<thead>
<tr>
<th>Cost</th>
<th>2020 (this year)</th>
<th>2021 (next year)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Monthly premium</td>
<td>$28.70</td>
<td>$30.20</td>
</tr>
<tr>
<td>(You must also continue to pay your Medicare Part B premium.)</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

- Your monthly plan premium will be *more* if you are required to pay a lifetime Part D late enrollment penalty for going without other drug coverage that is at least as good as Medicare drug coverage (also referred to as “creditable coverage”) for 63 days or more.
- If you have a higher income, you may have to pay an additional amount each month directly to the government for your Medicare prescription drug coverage.
- Your monthly premium will be *less* if you are receiving “Extra Help” with your prescription drug costs. Please see Section 7 regarding “Extra Help” from Medicare.
Section 2.2 – Changes to Your Maximum Out-of-Pocket Amount

To protect you, Medicare requires all health plans to limit how much you pay “out-of-pocket” during the year. This limit is called the “maximum out-of-pocket amount.” Once you reach this amount, you generally pay nothing for covered Part A and Part B services for the rest of the year.

<table>
<thead>
<tr>
<th>Cost</th>
<th>2020 (this year)</th>
<th>2021 (next year)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Maximum out-of-pocket amount</td>
<td>$6,700</td>
<td>$7,550</td>
</tr>
<tr>
<td>Your costs for covered medical services (such as copays and deductibles) count toward your maximum out-of-pocket amount. Your plan premium and your costs for prescription drugs do not count toward your maximum out-of-pocket amount.</td>
<td></td>
<td>Once you have paid $7,550 out-of-pocket for covered Part A and Part B services, you will pay nothing for your covered Part A and Part B services for the rest of the calendar year.</td>
</tr>
</tbody>
</table>

Section 2.3 – Changes to the Provider Network

There are changes to our network of providers for next year. An updated Provider Directory is located on our website at tn.AmHealthPlans.com. You may also call Member Services for updated provider information or to ask us to mail you a Provider Directory. Please review the 2021 Provider Directory to see if your providers (primary care provider, specialists, hospitals, etc.) are in our network.

It is important that you know that we may make changes to the hospitals, doctors and specialists (providers) that are part of your plan during the year. There are a number of reasons why your provider might leave your plan, but if your doctor or specialist does leave your plan you have certain rights and protections summarized below:

- Even though our network of providers may change during the year, we must furnish you with uninterrupted access to qualified doctors and specialists.
- We will make a good faith effort to provide you with at least 30 days’ notice that your provider is leaving our plan so that you have time to select a new provider.
- We will assist you in selecting a new qualified provider to continue managing your health care needs.
• If you are undergoing medical treatment you have the right to request, and we will work with you to ensure, that the medically necessary treatment you are receiving is not interrupted.

• If you believe we have not furnished you with a qualified provider to replace your previous provider or that your care is not being appropriately managed, you have the right to file an appeal of our decision.

• If you find out your doctor or specialist is leaving your plan, please contact us so we can assist you in finding a new provider to manage your care.

Section 2.4 – Changes to the Pharmacy Network

Amounts you pay for your prescription drugs may depend on which pharmacy you use. Medicare drug plans have a network of pharmacies. In most cases, your prescriptions are covered only if they are filled at one of our network pharmacies.

There are changes to our network of pharmacies for next year. An updated Pharmacy Directory is located on our website at tn.AmHealthPlans.com. You may also call Member Services for updated provider information or to ask us to mail you a Pharmacy Directory. Please review the 2021 Pharmacy Directory to see which pharmacies are in our network.

Section 2.5 – Changes to Benefits and Costs for Medical Services

We are changing our coverage for certain medical services next year. The information below describes these changes. For details about the coverage and costs for these services, see Chapter 4, Medical Benefits Chart (what is covered and what you pay), in your 2021 Evidence of Coverage.

<table>
<thead>
<tr>
<th>Cost</th>
<th>2020 (this year)</th>
<th>2021 (next year)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Plan Deductible</td>
<td>You Pay $198.00 for Medicare-covered benefits</td>
<td>You Pay $203.00 for Medicare-covered benefits</td>
</tr>
<tr>
<td>Cost</td>
<td>2020 (this year)</td>
<td>2021 (next year)</td>
</tr>
<tr>
<td>---------------</td>
<td>-----------------------------------------------------------------------------------</td>
<td>-----------------------------------------------------------------------------------</td>
</tr>
<tr>
<td>Inpatient Hospital</td>
<td>For each Medicare covered stay:</td>
<td>For each Medicare covered stay:</td>
</tr>
<tr>
<td></td>
<td>Deductible for each benefit period: You pay $1,408</td>
<td>Deductible for each benefit period: You pay $1,484</td>
</tr>
<tr>
<td></td>
<td>Days 1—60: You pay $0</td>
<td>Days 1—60: You pay $0</td>
</tr>
<tr>
<td></td>
<td>Days 61-90: You pay $352 coinsurance per day</td>
<td>Days 61-90: You pay $371 coinsurance per day</td>
</tr>
<tr>
<td></td>
<td>Reserve days 91 &amp; beyond: You pay $704 coinsurance per day</td>
<td>Reserve days 91 &amp; beyond: You pay $742 coinsurance per day</td>
</tr>
<tr>
<td>Cost</td>
<td>2020 (this year)</td>
<td>2021 (next year)</td>
</tr>
<tr>
<td>-----------------------------</td>
<td>----------------------------------------------------------------------------------</td>
<td>----------------------------------------------------------------------------------</td>
</tr>
<tr>
<td>Skilled Nursing Facility</td>
<td>Days 1 – 20: $0 Copay&lt;br&gt;Days 21 – 100: $176 copay per day&lt;br&gt;Days 100 plus: 100% coinsurance</td>
<td>Tier1*: $0 copay for Skilled Nursing Services rendered at the Member’s residence</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Tier 2*:&lt;br&gt;Days 1 – 20: $0 Copay&lt;br&gt;Days 21 – 100: $185.50 copay per day&lt;br&gt;Days 100 plus: 100% coinsurance</td>
</tr>
<tr>
<td></td>
<td></td>
<td>*Member's that reside in the nursing home where Part A SNF Services are rendered have $0 cost share (tier 1). If a member receives Part A services outside of the nursing home of residence, then the Medicare Cost share is applied (tier 2).</td>
</tr>
<tr>
<td>Urgently Needed Services</td>
<td>20% of the cost for Medicare- covered services up to $65</td>
<td>20% of the cost for Medicare- covered services up to $65</td>
</tr>
<tr>
<td></td>
<td>If you are admitted to the hospital within three (3) day, you do not have to pay $65.</td>
<td>If you are admitted to the hospital within one (1) day, you do not have to pay $65.</td>
</tr>
<tr>
<td>Cost</td>
<td>2020 (this year)</td>
<td>2021 (next year)</td>
</tr>
<tr>
<td>-------------------------------------------</td>
<td>----------------------------------------------</td>
<td>----------------------------------------------</td>
</tr>
<tr>
<td><strong>Opioid Treatment Services</strong></td>
<td>You pay 20% coinsurance of the total cost</td>
<td>You pay a $0 copay</td>
</tr>
<tr>
<td><strong>Supplemental Benefit:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Routine Hearing Exams</td>
<td>No Coverage</td>
<td>You Pay $0 Copay for Routine Hearing exam,</td>
</tr>
<tr>
<td></td>
<td></td>
<td>one per year.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Must use a Plan approved provider.</td>
</tr>
<tr>
<td><strong>Supplemental Benefit:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Fitting/Evaluation for Hearing Aid</td>
<td>No Coverage</td>
<td>You Pay $0 Copay for Fitting/evaluation for</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Hearing Aid per year.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Must use a Plan approved provider.</td>
</tr>
<tr>
<td><strong>Supplemental Benefit:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Hearing Aids</td>
<td>No Coverage</td>
<td>The Plan will pay an annual maximum amount</td>
</tr>
<tr>
<td></td>
<td></td>
<td>up to $500 for both ears combined per year.</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Must use a Plan approved provider/supplier.</td>
</tr>
</tbody>
</table>

**Section 2.6 – Changes to Part D Prescription Drug Coverage**

**Changes to Our Drug List**

Our list of covered drugs is called a Formulary or “Drug List.” A copy of our Drug List is provided electronically. **You can get the complete Drug List** by calling Member Services (see the back cover) or visiting our website [tn.AmHealthPlans.com](http://tn.AmHealthPlans.com).

We made changes to our Drug List, including changes to the drugs we cover and changes to the restrictions that apply to our coverage for certain drugs. **Review the Drug List to make sure your drugs will be covered next year and to see if there will be any restrictions.**

If you are affected by a change in drug coverage, you can:

- **Work with your doctor (or other prescriber) and ask the plan to make an exception** to cover the drug. **We encourage current members** to ask for an exception before next year.
  - **To learn what you must do to ask for an exception**, see Chapter 9 of your *Evidence of Coverage (What to do if you have a problem or complaint (coverage decisions, appeals, complaints))* or call Member Services.
• Work with your doctor (or other prescriber) to find a different drug that we cover. You can call Member Services to ask for a list of covered drugs that treat the same medical condition.

In some situations, we are required to cover a temporary supply of a non-formulary drug in the first 90 days of the plan year or the first 90 days of membership to avoid a gap in therapy. (To learn more about when you can get a temporary supply and how to ask for one, see Chapter 5, Section 5.2 of the Evidence of Coverage.) During the time when you are getting a temporary supply of a drug, you should talk with your doctor to decide what to do when your temporary supply runs out. You can either switch to a different drug covered by the plan or ask the plan to make an exception for you and cover your current drug.

If American Health Advantage of Tennessee (HMO I-SNP) approves a request for an exception, the approval will usually be valid for one year from the date the request was received.

Most of the changes in the Drug List are new for the beginning of each year. However, during the year, we might make other changes that are allowed by Medicare rules.

When we make these changes to the Drug List during the year, you can still work with your doctor (or other prescriber) and ask us to make an exception to cover the drug. We will also continue to update our online Drug List as scheduled and provide other required information to reflect drug changes. (To learn more about changes we may make to the Drug List, see Chapter 5, Section 6 of the Evidence of Coverage.)

### Changes to Prescription Drug Costs

*Note: If you are in a program that helps pay for your drugs (“Extra Help”), the information about costs for Part D prescription drugs may not apply to you. We sent you a separate insert, called the “Evidence of Coverage Rider for People Who Get Extra Help Paying for Prescription Drugs” (also called the “Low Income Subsidy Rider” or the “LIS Rider”), which tells you about your drug costs. If you receive “Extra Help” and haven’t received this insert by September 30, 2020, please call Member Services and ask for the “LIS Rider.”

There are four “drug payment stages.” How much you pay for a Part D drug depends on which drug payment stage you are in. (You can look in Chapter 6, Section 2 of your Evidence of Coverage for more information about the stages.)

The information below shows the changes for next year to the first two stages – the Yearly Deductible Stage and the Initial Coverage Stage. (Most members do not reach the other two stages – the Coverage Gap Stage or the Catastrophic Coverage Stage. To get information about your costs in these stages, look at Chapter 6, Sections 6 and 7, in the Evidence of Coverage, which is located on our website at [tn.AmHealthPlans.com](http://tn.AmHealthPlans.com). You may also call Member Services to ask us to mail you an Evidence of Coverage.)
### Changes to the Deductible Stage

<table>
<thead>
<tr>
<th>Stage</th>
<th>2020 (this year)</th>
<th>2021 (next year)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Stage 1: Yearly Deductible Stage</strong>&lt;br&gt;During this stage, you pay the full cost of your drugs until you have reached the yearly deductible.</td>
<td>The deductible is $435</td>
<td>The deductible is $445</td>
</tr>
</tbody>
</table>

### Changes to Your Cost Sharing in the Initial Coverage Stage

<table>
<thead>
<tr>
<th>Stage</th>
<th>2020 (this year)</th>
<th>2021 (next year)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Stage 2: Initial Coverage Stage</strong>&lt;br&gt;Once you pay the yearly deductible, you move to the Initial Coverage Stage. During this stage, the plan pays its share of the cost of your drugs and you pay your share of the cost.</td>
<td>Your cost for a one-month supply filled at a network pharmacy with standard cost sharing: You pay 25% of the total cost.</td>
<td>Your cost for a one-month supply filled at a network pharmacy with standard cost sharing: You pay 25% of the total cost.</td>
</tr>
</tbody>
</table>

The costs in this row are for a one-month (30-day) supply when you fill your prescription at a network pharmacy that provides standard cost sharing. For information about the costs for a long-term supply; at a network pharmacy, look in Chapter 6, Section 5 of your Evidence of Coverage.

The other two drug coverage stages – the Coverage Gap Stage and the Catastrophic Coverage Stage – are for people with high drug costs. **Most members do not reach the Coverage Gap Stage or the Catastrophic Coverage Stage.** For information about your costs in these stages, look at Chapter 6, Sections 6 and 7, in your *Evidence of Coverage.*
SECTION 3 Administrative Changes

<table>
<thead>
<tr>
<th>Description</th>
<th>2020 (this year)</th>
<th>2021 (next year)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cardiac and Pulmonary Rehabilitation Services</td>
<td>Authorization not required for Cardiac and Pulmonary Rehabilitation Services</td>
<td>Authorization required for Cardiac and Intensive Cardiac Rehabilitation Services</td>
</tr>
<tr>
<td>Outpatient Diagnostics (Procedures/Tests/Lab Services)</td>
<td>Authorization not required for Genetic Testing</td>
<td>Authorization required for Genetic Testing</td>
</tr>
<tr>
<td><strong>Supplemental Benefit:</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>CY2020 benefit Supervisory Assistance is now called In Home Support Services</td>
<td>You pay nothing for up to forty (40) hours per calendar year for covered Supervisory Assistance services. Must use a Plan approved provider.</td>
<td>You pay nothing for up to forty-five (45) hours per calendar year for covered Supervisory Assistance services. Must use a Plan approved provider.</td>
</tr>
</tbody>
</table>

SECTION 4 Deciding Which Plan to Choose

**Section 4.1 – If you want to stay in American Health Advantage of Tennessee (HMO I-SNP)**

To stay in our plan you don’t need to do anything. If you do not sign up for a different plan or change to Original Medicare by December 7, you will automatically be enrolled in our American Health Advantage of Tennessee (HMO I-SNP).

**Section 4.2 – If you want to change plans**

We hope to keep you as a member next year but if you want to change for 2021 follow these steps:
Step 1: Learn about and compare your choices

- You can join a different Medicare health plan timely,

- OR—You can change to Original Medicare. If you change to Original Medicare, you will need to decide whether to join a Medicare drug plan. If you do not enroll in a Medicare drug plan, please see Section 2.1 regarding a potential Part D late enrollment penalty.

To learn more about Original Medicare and the different types of Medicare plans, read Medicare & You 2021, call your State Health Insurance Assistance Program (see Section 6), or call Medicare (see Section 8.2).

You can also find information about plans in your area by using the Medicare Plan Finder on the Medicare website. Go to [www.medicare.gov/plan-compare](http://www.medicare.gov/plan-compare). Here, you can find information about costs, coverage, and quality ratings for Medicare plans.

Step 2: Change your coverage

- To change to a different Medicare health plan, enroll in the new plan. You will automatically be disenrolled from American Health Advantage of Tennessee (HMO I-SNP).

- To change to Original Medicare with a prescription drug plan, enroll in the new drug plan. You will automatically be disenrolled from American Health Advantage of Tennessee (HMO I-SNP).

- To change to Original Medicare without a prescription drug plan, you must either:
  - Send us a written request to disenroll. Contact Member Services if you need more information on how to do this (phone numbers are in Section 8.1 of this booklet).
  - or – Contact Medicare, at 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week, and ask to be disenrolled. TTY users should call 1-877-486-2048.

SECTION 5 Deadline for Changing Plans

If you want to change to a different plan or to Original Medicare for next year, you can do it from **October 15 until December 7**. The change will take effect on January 1, 2021.

Are there other times of the year to make a change?

In certain situations, changes are also allowed at other times of the year. For example, people with Medicaid, those who get “Extra Help” paying for their drugs, those who have or are leaving employer coverage, and those who move out of the service area may be allowed to make a change at other times of the year. For more information, see Chapter 10, Section 2.3 of the Evidence of Coverage.
You can change your Medicare coverage **at any time.** You can change to any other Medicare health plan (either with or without Medicare prescription drug coverage) or switch to Original Medicare (either with or without a separate Medicare prescription drug plan) at any time.

**SECTION 6 Programs That Offer Free Counseling about Medicare**

The State Health Insurance Assistance Program (SHIP) is a government program with trained counselors in every state. In Tennessee, the SHIP is called State Health Insurance Assistance Program (SHIP).

State Health Insurance Assistance Program (SHIP) is independent (not connected with any insurance company or health plan). It is a state program that gets money from the Federal government to give **free** local health insurance counseling to people with Medicare. State Health Insurance Assistance Program (SHIP) counselors can help you with your Medicare questions or problems. They can help you understand your Medicare plan choices and answer questions about switching plans. You can call State Health Insurance Assistance Program (SHIP) at <Plan SHIP Phone>. You can learn more about State Health Insurance Assistance Program (SHIP) by visiting their website tnmedicarehelp.com/.

**SECTION 7 Programs That Help Pay for Prescription Drugs**

You may qualify for help paying for prescription drugs.

**“Extra Help” from Medicare.** People with limited incomes may qualify for “Extra Help” to pay for their prescription drug costs. If you qualify, Medicare could pay up to 75% or more of your drug costs including monthly prescription drug premiums, annual deductibles, and coinsurance. Additionally, those who qualify will not have a coverage gap or late enrollment penalty. Many people are eligible and don’t even know it. To see if you qualify, call:

- 1-800-MEDICARE (1-800-633-4227). TTY users should call 1-877-486-2048, 24 hours a day/7 days a week;
- The Social Security Office at 1-800-772-1213 between 7 am and 7 pm, Monday through Friday. TTY users should call, 1-800-325-0778 (applications); or
- Your State Medicaid Office (applications).

- **Prescription Cost-sharing Assistance for Persons with HIV/AIDS.** The AIDS Drug Assistance Program (ADAP) helps ensure that ADAP-eligible individuals living with HIV/AIDS have access to life-saving HIV medications. Individuals must meet certain criteria, including proof of State residence and HIV status, low income as defined by the State, and uninsured/under-insured status. Medicare Part D prescription drugs that are also covered by ADAP qualify for prescription cost-sharing assistance through the Tennessee ADAP. For information on eligibility criteria, covered drugs, or how to enroll in the program, please call Tennessee ADAP at 1-800-525-2437.
Questions? We’re here to help. Please call Member Services at 1-844-321-1763. (TTY only, call 711). We are available for phone calls October 1st through March 31st 8:00 A.M. to 8:00 P.M., seven days a week; April 1st through September 30th are 8:00 A.M. to 8:00 P.M., Monday through Friday. Calls to these numbers are free.

Read your 2021 Evidence of Coverage (it has details about next year’s benefits and costs)

This Annual Notice of Changes gives you a summary of changes in your benefits and costs for 2021. For details, look in the 2021 Evidence of Coverage for American Health Advantage of Tennessee (HMO I-SNP). The Evidence of Coverage is the legal, detailed description of your plan benefits. It explains your rights and the rules you need to follow to get covered services and prescription drugs. A copy of the Evidence of Coverage is located on our website at tn.AmHealthPlans.com. You may also call Member Services to ask us to mail you an Evidence of Coverage.

Visit our Website

You can also visit our website at tn.AmHealthPlans.com. As a reminder, our website has the most up-to-date information about our provider network (Provider Directory) and our list of covered drugs (Formulary/Drug List).

Section 8.2 – Getting Help from Medicare

To get information directly from Medicare:

Call 1-800-MEDICARE (1-800-633-4227)

You can call 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.

Visit the Medicare Website

You can visit the Medicare website (www.medicare.gov). It has information about cost, coverage, and quality ratings to help you compare Medicare health plans. You can find information about plans available in your area by using the Medicare Plan Finder on the Medicare website. (To view the information about plans, go to www.medicare.gov/plan-compare).
Read Medicare & You 2021

You can read the Medicare & You 2021 Handbook. Every year in the fall, this booklet is mailed to people with Medicare. It has a summary of Medicare benefits, rights and protections, and answers to the most frequently asked questions about Medicare. If you don’t have a copy of this booklet, you can get it at the Medicare website (www.medicare.gov) or by calling 1-800-MEDICARE (1-800-633-4227), 24 hours a day, 7 days a week. TTY users should call 1-877-486-2048.